



4th National Mid term CME of Indian Association for Child and Adolescent Mental Health

ORGANISED BY

Jammu and Kashmir Psychiatric Society
in association with
Indian Association for Child and
Adolescent Mental Health

ETHICS & LAWS

Navigating Contemporary
Policies and Practices



Nund Reshī^{RA} Convention Center
SKAUST-K Shalimar Campus, Srinagar



26,27 September 2026.



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SCIENTIFIC PROGRAMME

Pre-CME Workshops

25th September

9.00 AM- 1.00PM**WORKSHOP**

Implementing Preliminary Assessments under
Section 15 of the Juvenile Justice Act, 2015

Dr. Shekhar Seshadri, Dr Sheila Ramaswamy, Kritii Tikku

2.00 PM- 5.00 PM**WORKSHOP**

Navigating the Dilemmas of Mandatory Reporting under the POCSO Act, 2012

Dr. Shekhar Seshadri, Dr Sheila Ramaswamy, Kritii Tikku

CME

26th -27th September, 2026

DAY 1- 26TH SEPTEMBER

09:00 – 10:15 AM**THEME: SYMPOSIUM**

1.Centering Children In India' mental Health Legislation

Dr Bikram Dutta, Pune

2.Ethical Principles in Clinical Practice

Dr Abhilasha Yadav, Safdarjung Hospital, New Delhi

3.Ethics in Research

Dr. Ashwani Kumar Mishra, AIIMS, New Delhi

10:15AM – 10:45 AM**LECTURE**

Ethical & Legal Conundrums in Disability Certification :

Identification to Solutions

Dr Smita Deshpande, Bangalore

10:45 AM- 11:45AM**SYMPOSIUM:**

Ethical Dilemmas in varied Interventions

1.Boundaries and Ethics in Pharmacological Interventions

Dr. Jitender Aneja, AIIMS, Bhatinda

2.Ethical boundaries & Lay Counsellors

Dr. Shweta Singh, KGMU, Lucknow

3.Use of Digital Platforms in Clinical Care

Dr. Uday Sinha , IHBAS, New Delhi

4.Ethics & AI-Assisted screening and diagnosis

Dr. Koushik Sinha Deb, AIIMS, New Delhi

11:45AM – 12:00**HIGH TEA & POSTER SESSION****12:00 – 01:00 PM****INAUGURATION****01:00 PM- 02:00PM****LUNCH****02:00 PM- 02:40 PM****KEY NOTE ADDRESS**

Protecting Children & Adolescents:

Evolution of Indian Ethical & Legal landscape

Dr Savita Malhotra, Chandigarh

02:40 PM- 04.15PM**WORKSHOP**

Case-Based Deliberation on Ethical Issues

Dr. Koushik Sinha Deb, AIIMS, New Delhi

4.15PM-4.30 PM**TEA & POSTER SESSION****4.30PM- 6PM****WORKSHOP**

Navigating Disclosure and Distress:

When Truth hurts in Caring with specific Reference to POSCO

Dr. Shekhar Seshadri, Bangalore

8.00PM**GALA DINNER**

2ND DAY-27TH SEPTEMBER

8.30AM -9.15AM**LECTURE**

Are Current Indian Laws Adequate to
Address Behavioral Addictions in Adolescents?
Dr. Manmeet Kaur Brar, AIIMS, Bhatinda

9.15AM-10.15AM**DEBATE**

Does the Indian Mental Healthcare Act Adequately Safeguard Children?
For : Dr Sumit Rana, LHMC, New Delhi
Against: Dr Naresh Nibhnani, AIIMS, Jodhpur

10.15 AM- 10.30AM**TEA & POSTER SESSION****10.30AM-11.30AM****PANEL DISCUSSION**

From Chalkboards to Chatbots: Opportunities and Risks
Moderator Dr Henal Shah, Mumbai
Panelists:

Dr Amul Ranjan Singh, Professor & Head, CIP Ranchi

Dr Naseer Ahmed Wani, Director School Education Kashmir

Dr Vivek Agarwal, Professor & Head, KGMU, Lucknow

Dr Arshad Hussain, Professor and Head, IMHANS-K

11.30AM - 12.00**VALEDICTORY FUNCTION****12.00 ONWARDS****LUNCH**



Call for Poster Presentations

*Share your research
Showcase your work
Inspire Learning*

We invite submissions of original research, innovative clinical work, quality improvement projects, and academic posters related to **Child & Adolescent Mental Health**.

Who Can Submit?

Residents, MPhil and Phd Scholars

Guidelines

1. Abstracts must not exceed 250 words. Only original research articles will be accepted
2. Submit your research abstracts in **Word** (.doc/.docx) or **PDF** format
3. Once accepted, print your full detailed research article with below mentioned specifications.
4. Poster specifications: Size: **36" × 48"** Font: **Times New Roman**, Preferred material: **Vinyl, flex** (or equivalent).
5. It must include a clear title at the top, along with author names and affiliations.
6. Content should cover: **Introduction, Aims & Objectives Methodology, Results & Discussion, Conclusion**
7. Avoid using copyrighted materials without permission.
8. Be prepared to present a 2–3 minute summary of the poster during the session and answer questions.

Prizes will be awarded for:

1st Prize | 2nd Prize | 3rd Prize

The top three poster presentations will be recognized and awarded during the CME
Prizes are for **Residents/MPhil and Phd Scholars**

Deadline: 31th August, 2026 Submission Email: cmeiacam@gmail.com



CALL FOR INTERESTING CASE VIGNETTES

For Residents, MPhil and PhD Scholars

Submit interesting case vignettes highlighting ethical dilemmas, legal challenges, and practical considerations in
Child & Adolescent Mental Health.

SUBMISSION FORMAT

- | | |
|--------------------------------|------------------------|
| 1 Title | 6 Interventions |
| 2 Background | 7 Outcome |
| 3 Case Summary | 8 Discussion |
| 4 Ethical/Legal Dilemma | 9 Key Learning Points |
| 5 Assessment & Decision-Making | 10 References (if any) |

Maximum
1200 words

Patient identifiers
must be removed

Submit in
Word (.doc/.docx)
or **PDF** format



BEST CASE VIGNETTE AWARD

The most outstanding submission will receive the Best Case Vignette Award during the CME.

Deadline: **31th August, 2026** Submission Email: cmeiacam@gmail.com

Registration Fee Structure

Early bird Till 20th June, 2026

	Students /Residents	Members	Non-Members	Accompanying person
Workshop (Pre-conference)	1500	2000	2500	
CME	3000	5000	5500	3000

Till 16 September, 2026

Workshop	2500	3000	3500	
CME	3500	5500	6500	3500

On spot Registration

Workshop	3500	4000	4500	
CME	4500	6500	7000	4500



Register Now!

Please submit your Details along with payment screenshot to cmeiacam@gmail.com to complete your registration.

For queries related to registration

Dr Rehana Amin +91 95965 75213

Mail on:

support@iacamcmesrinagar2026.com

OR



Scan
Qr Code
To Register



Tap here



ACCOUNT DETAILS

Indian Association for Child and Adolescent Mental Health

Jammu and Kashmir Bank

Zaina Kadal Branch, Srinagar

Account Number: 0072010100002418

IFSC Code: JAKAOSACRED

**Scan & Pay through
any Bharat QR/UPI App**



Hotels Rates, Contacts & Distances

Reference points: Srinagar International Airport (SXR) and SKAUST-K Shalimar Campus, Srinagar Distances are estimated by-road figures based on exact coordinates; actual travel time may vary with traffic and route.

Hotel	Tariff (Approx.)	Contact No.	Airport → Hotel	Hotel → SKUAST-K
The Olive Hotel (Baghat)	₹4,300	+91 96223 35677	7.4 km	18.1 km
Ginger Srinagar Barzulla (Baghat/ Barzulla)	₹4,000	+91 194 3508100	7.1 km	18.3 km
Hotel Eleven Boulevard (Dal View Rooms)	₹5,000	+91 91039 97234	15.9 km	9.6 km
Golden Tulip Srinagar (Sonwar)	₹5,500	+91 194 2500314	14.1 km	11.4 km
Four Points by Sheraton Srinagar (Sonwar)	₹7,500	+91 194 2469000	13.9 km	11.9 km
Ramada Encore by Wyndham Rajbagh Srinagar	₹7,200	+91 194 3103400	12.7 km	12.7 km
The Vintage Srinagar at Dal Lake (Boulevard)	₹6,000	+91 1800 889 9567	14.7 km	10.7 km
Hotel Snowland Srinagar (Dalgate)	₹7,000	+91 95967 89512	14.8 km	10.6 km
Bloom Boutique Dal Lake (Boulevard)	₹6,000	+91 194 2955550	14.7 km	10.7 km
Robusta Hotel *	₹6,000	Not reliably verified	24.0 km	4.2 km
Radisson Collection Hotel & Spa, Riverfront Srinagar (Rajbagh)	₹14,000 + taxes	+91 194 2310111	12.2 km	13.3 km
Rah Bagh by The Orchard	₹11,000	+91 98213 96298	29.6 km	4.4 km
Hotel Valley Orchid	₹8,000	+91 98580 11213	13.4 km	12.2 km
The LaLiT Grand Palace Srinagar	₹21,500	+91 194 2501001	16.9 km	9.5 km
Taj Dal View, Srinagar	₹23,500	+91 194 2461111	20.6 km	6.2 km

*Rates may vary around average



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