

Minutes of the Annual General Body Meeting of IACAM held on

December 25, 2021 online on Zoom platform

The annual General Body Meeting was called to order by the President, Dr. Kishor Gujar. It was adjourned as the quorum was not complete and was recommenced after 15 minutes.

President Dr Kishor Gujar welcomed all the members of the Executive Council. He gave a summary of important achievements by IACAM in the last 2 years.

Obituary and Silence:

None

The following agenda were discussed:

1. Confirmation and adoption of the minutes of the last GBM held on 09th November 2019 at Chandigarh:

The minutes of the last GBM were read out by Dr. Chhitij Srivastava, Secretary General and no comments were received. These were approved as proposed by Dr. Nitin Gupta and seconded by Dr. Naresh Nebhinani.

2. Action taken and the matters arising from above:

- a. Decision to divert Rs 500 per registration towards the journal JIACAM – At the last GBM it was proposed to divert Rs 500 per registration towards JIACAM. However, it was later decided that IACAM can fund the journal separately based on the needs.
- b. Dr. Konar had discussed at the last GBM about some difficulty in getting money from the pharmaceuticals because of which he was not able to close the accounts of IACAMCON 2017. This was subsequently sorted and balance amount was transferred to IACAM
- c. Dr. Kishor Gujar had proposed at last GBM to form all the committees early on so that work can be done. This is still a work in progress

3. Secretary General's Report (2019-2021):

Dr Chhitij Srivastava presented the Secretary General Report for the term 2019 - 2021. It was approved, duly proposed and seconded by Dr Nishant Goyal & Dr Shekhar Seshadri.

4. Treasurer's Report (2019-2021):

Dr. K K Mishra presented the audited Treasurer report for the term 2019-2021 and also informed that income tax returns have been filed for the first time. It was approved duly proposed and seconded by Dr Shekhar Seshadri and Dr Shivangi Mehta.

5. Journal Committee's Report:

Dr. Naresh Nebhinani presented the Editor's report from his 4 years term 2017-2021. He informed that we are ready to move from an online to a print journal with SAGE. The first issue that is due for January 2022 might be a bit delayed but should be out in

February 2022. His efforts as editor were appreciated by everyone. The house also appreciated the selfless efforts of Dr Beena Johnson in helping the journal for a long time. The report was approved, duly proposed and seconded by Dr Nitin Gupta and Dr Nishant Goyal.

6. Decisions taken by the Executive Council during the previous term 2019-2021:

Dr Chhitij Srivastava informed that the Executive Committee took the following decisions during this term which were approved by GBM:

- a. Membership related - Membership fee was increased on 1st Jan 2020 from Rs 2500 & Rs 4000 for Life Members and Life Fellows to Rs 5000 and Rs 8000 respectively.
- b. Starting Mid term CME to alternate with the IACAM Conference – While this was already decided in the previous term to be organised by Imphal, it was changed to an online event because of COVID. It was held on 7th & 8th November 2020 on “Young minds and behaviour addictions”. It was decided to come out with a position statement from this CME focusing on screen time in children and adolescents.
- c. Position statement from Mid term CME - A special taskforce was created presided by Dr Seshadri. Team – Drs Nitin Gupta, Rachna Bhargava, Suravi Patra, Nidhi Chauhan, Chhitij Srivastava & Kishor Gujar. The position statement was published in JIACAM in April 2021 “Exposure to Smartphone and Screen media in Children and Adolescents and COVID-19 pandemic”
- d. IACAM academy – IACAM started an online 1 year course in child psychiatry. It currently has 2 batches running.
- e. Journal – It has been decided to move from an online to a Print journal as mentioned already.
- f. Changes to website – We have developed a new functionality in our childindia.org website that allows members to personalize their details. It allows members to login to their personal page and edit/update personal details including adding their photograph. There is also a helpline number (Call/WhatsApp on +91 8400999780) if people face problems.
- g. Social media – We now have some social media presence with dedicated facebook and twitter accounts. Some public awareness work was done using this platform including publishing an Autism awareness document.
- h. IACAPAP related – Dr Savita Malhotra and Dr Debashish Konar have been nominated to apply for post of Vice President IACAPAP. 6 applications from IACAM have been supported for IACAPAP membership. We made a strong bid to hold the IACAPAP conference in 2026 but unfortunately it was not accepted.
- i. Formation of new Subcommittees and taskforce - School Mental Health & SLD task force were created.

7. Election of new Office Bearers and Council Members:

Dr Nitin Gupta (on behalf of Dr Manju Mohanty) read out the report and announced the results of elections. The following have been elected unanimously for the term 2019-2021:

<i>President</i>	Dr. Devashish Konar
<i>Vice President</i>	Dr. Shekhar Seshadri
<i>Secretary-General</i>	Dr. Rachna Bhargava
<i>Treasurer</i>	Dr. Henal Shah
<i>Council Members</i>	Dr. Satya Raj
	Dr Darpan Kaur
	Dr Pooja Mahour
	Dr Raghavendra Kumar

The following were nominated:

Dr. Soumitra Datta	<i>Council Member</i>
Dr K John Vijay Sagar	<i>Council Member</i>
Dr Nitin Gupta	<i>Editor</i>

8. Award Winners:

Dr. Devashish Konar, Chairperson Awards Committee announced the names of Award winners:

Poona Psychiatrists Oration Award: Dr. Sobha Srinath

J C Marfatia Award: Dr. PN Suresh Kumar & colleagues

Luke Clack Award: Dr. Fiona Mehta & colleagues

Niloufer Award: not awarded as only 1 valid entry was received that didn't get qualifying marks

9. Welcome to new members:

The President, Dr. Kishor Gujar extended a warm welcome to all the new members joining the Association.

10. IACAM Academy:

Dr Nitin Gupta provided an update on the IACAM academy. IACAM started an online 1 year course in child psychiatry in August 2021. It has been a huge success and within 3 days of announcing the course, we had received more than 200 applications. The huge demand forced us to start a 2nd batch of the course soon after

the first one started. The course curriculum has been divided into four modules with fortnightly lectures. A variety of teaching formats are used and assessments are done regularly. The course now has a LMS for the benefit of attendees. The academy will have a separate bank account soon. Do check out our website

<https://www.iacamacademy.org.in> for more details.

11. 17th Biennial Conference of IACAM:

Proposal of Dr. John Vijay Sagar, NIMHANS Bangalore, to host the conference in November 2023 has been accepted by the Executive Committee.

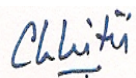
12. 2nd Midterm CME of IACAM:

Dr Henal Shah had earlier proposed to hold the 2nd Midterm CME of IACAM. However, due to technical difficulties at her end, she was not able to formally propose it during the GBM. Dr Kshirod Mishra, Sevagram proposed to hold the 2nd Midterm CME in 2022 if Dr Henal Shah is not able to do so.

13. Any other matter with the permission of Chair:

- a. Dr Shekhar Seshadri described his vision for IACAM over the next few years. He specifically stressed on expanding the membership as IACAM is growing rapidly, focussing on the journal and IACAM academy and collaborating with neighbouring countries especially Sri Lanka and Bangladesh.
- b. Dr. Indira Sharma advised that IACAM academy should include topics on challenging clinical situations like school refusal, eating disorders, non epileptic seizures. She also suggested that as the Secretary read out his report, a team should be formed to act urgently and issue position statements on important policy matters and that the Past President should also be a part of the team. She also reinforced the suggestion in Secretary report of writing to Govt that all schools should have counsellors and that schools should have compulsory sports. She suggested that to improve mental health of students, the evaluation system should be changed & IACAM should pursue it.
- c. Dr Kshirod Mishra suggested that certain changes must be brought out in the constitution. He specifically mentioned having some eligibility criteria for contesting the IACAM elections and also to have clear criteria for award papers. He had also mentioned these in the pre conference EC. Dr Konar suggested that a "Constitution taskforce" should be setup to take up such suggestions.

The meeting ended with vote of thanks to the chair



(Dr. Chhitij Srivastava)
Secretary General

(Dr Devashish Konar)
Vice-President

(Dr. Kishor Gujar)
President