Dear Doctor,

First National Midterm CME of will be organized online on the theme “Young mind and Behavioural Addiction” on 07th & 08th November 2020. You are cordially invited to join this CME. Your presence and active participation will make the programme a grand success. The agenda for the event is appended below Expecting your gracious participation

Regards

Dr. Kishor Vishwanath Gujar
(President - IACAM)

Dr. Chhitij Srivastava
(Secretary General - IACAM)

Dr. R. K. Lenin Singh
(Organising Chairperson)

Dr. S. Gojendra Singh
(Organising Secretary)
Indian Association for child and Adolescent Mental Health

First National Mid Term CME of IACAM 2020

7th & 8th November 2020

Theme: Young Mind and Behavioral Addiction

PROGRAMME SCHEDULE

First Day: 07/11/2020, Saturday

Master of Ceremony: Dr. Mona Nongmeikapam

<table>
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<tr>
<th>TIME</th>
<th>TOPIC</th>
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<tbody>
<tr>
<td>06:00 - 06:15 PM</td>
<td>INAUGURATION</td>
</tr>
<tr>
<td>06:15 - 06:50 PM</td>
<td>An overview and Nosology of Behavioral Addiction</td>
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<tr>
<td>06:55 - 07:35 PM</td>
<td>Neurobiology of Behavioural Addiction</td>
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**SESSION – I**

**Chairpersons:**
Dr. Kishor Gujar, Dr. H. R. Phookan

**Speaker:** Dr. R. K. Lenin Singh

**SESSION – II**

**Chairpersons:**
Dr. Naresh Nebhinani, Dr. S. Gyaneshwar Sharma

**Speaker:** Dr. Bhaskar Mukherjee
### SESSION – III

**Chairpersons:**
Dr. K. K. Mishra  
Dr. Ng. Sameeta Devi

07:40 – 08:15 PM  **Smart phone addiction: Impact of Covid-19**  
**Speaker:** Dr. Rachna Bhargava

### SESSION – IV

**Chairpersons:**
Dr. Devashish Konar  
Dr. N. Heramani Singh

08:20 – 08:55 PM  **Smart phone addiction: Overview of management**  
**Speaker:** Dr. Chhitij Srivastava

### PROGRAMME SCHEDULE

**Second Day: 08/11/2020, Sunday**  
**Master of Ceremony: Dr. A. Ranita Devi**

### SESSION – I

**Chairpersons:**
Dr. Maneesh Gupta,  
Dr. L. Roshan Singh

06:00 – 06:35 PM  **Behavioral approach for Addiction**  
**Speaker:** Dr. Manoj Sharma
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<tr>
<td><strong>SESSION – II</strong></td>
<td><strong>Chairpersons:</strong> Dr. Savita Malhotra, Dr. K. Shantibala Devi</td>
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<td>06:40 – 07:15 PM</td>
<td><strong>Smart phone addiction: role of parents &amp; best practices</strong></td>
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<td><strong>Speaker:</strong> Dr. Shekhar Seshadri</td>
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<td><strong>SESSION – III</strong></td>
<td><strong>Moderators:</strong> Dr. Nitin Gupta, Dr. Jayanta Das</td>
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<td>07:20 – 08:15 PM</td>
<td><strong>Panel Discussion:</strong> Is young mind more vulnerable for Behavioural addiction</td>
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<td><strong>Speaker:</strong> Dr. Savita Malhotra, Dr. Devashish Konar, Dr. Kishor Gujar, Dr. Vivek Agarwal, Dr. Adarsh Kohli</td>
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<tr>
<td><strong>SESSION – IV</strong></td>
<td><strong>Quiz Masters:</strong> Dr. S. Gojendra Singh, Dr. Abhishek Pratap Singh</td>
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<td>08:20 – 08:50 PM</td>
<td><strong>PG Quiz</strong></td>
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<td>08:50 PM</td>
<td><strong>Valedictory Function</strong></td>
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Indian Association for child and Adolescent Mental Health

First National Mid Term CME of IACAM 2020

7th & 8th November 2020

On Virtual Platform

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